Southern Swimming Pool

Southern Swimming Pool Board
Arbory Road, Castletown,
Isle Of Man IM9 1HA
01624 823930
opsmanager@southernswimmingpool.im

Admissions

	Single Admission	Block Card – 10 admissions
Adult	£5.10	£45.20
Senior (Over 65)	£3.70	£33.30
Junior (Under 16)	£3.70	£33.30
Concession	£2.70	£27.00
Aquafit	£7.20	£64.10

Children aged under 8 years old must be accompanied by an adult aged 16 years or older.

This timetable is subject to change, please call reception (01624 823930) for the most up to date information.

Private swimming lessons may occur in any public session.

Please note that we are closed Bank Holidays.

Southern Swimming Pool

Southern Swimming Pool Board
Arbory Road, Castletown,
Isle Of Man IM9 1HA
01624 823930
opsmanager@southernswimmingpool.im

Timetable 31st Oct – 23rd Dec

Monday	06:00 – 07:00	Early Risers Lane Swimming
	07:00 – 07:45	Aquafit
	08:00 – 09:00	Public Session
	11:00 – 13:00	Public Session
	14:45 – 15:45	Public Session
	18:00 – 21:00	Public Session
Tuesday	07:00 – 08:45	Early Risers Lane Swimming
	10:30 – 12:00	Public Session
	14:45 – 15:45	Public Session
Wednesday	15:00 – 16:00	Public Session
	18:15 – 19:00	Aquafit
	19:15 – 21:00	Public
Thursday	07:00 – 08:30	Early Risers Lane Swimming
	08:30 – 09:30	AquaBlitz
	12:00 – 15:45	Public Session
	18:00 – 21:00	Except first two Thursdays each month – No Public Session
Friday	06:00 – 09:00	Early Risers Lane Swimming
	13:00 – 15:45	Public Session
Saturday	08:15 – 10:00	Public Session
	12:15 – 13:15	Inclusive Swim (last Saturday each month)
	13:15 – 14:15	Fun Session
	14:30 – 16:30	Public Session
Sunday	08:15 – 11:00	Public Session
	11:00 – 12:30	Family Session